### 40 YEARS OF ACOUSTIC NEUROMAS: MORE THAN 2000 CASES (1964 - 2005)

## Professeur J.M. STERKERS PARIS

#### **Before 1964:**

The diagnosis was too late: large tumor,intracranial hypertension

The mortality after opération was not less than 25% of the cases.

#### In the sixties

William House and William Hitselberger introduced the method to make an early diagnosis and the trans-temporal approaches to minimise the sequelae and the lethality.

# The diagnosis of the acoustic neuroma (A.N)

- 1- *UNILATERAL* otological symptom: progressive or sudden deafness tinnitus, with or without a vestibular sign evokes the possibility of a *TUMOR*.
- 2- NO PARALLELISM between the SIZE of the TUMOR and the SYMPTOMS !!!

### The Methods of the diagnosis

- **1-** Tonal audiometry with speech discrimination
- 2- Bera
- 3- Vestibular test
- 4- Imaging: CT Scan, MRI

# The Evolution of the management

**1- Before MRI**: the majority of the A.N were operated. The otological approach with the operating microscope enabled substantial progress:

death 0.5%,

- hearing is preserved in some cases,
- facial function is preserved,
- total removal of the tumor.

**2- With the MRI** management of the A.N has progressed :

A small tumor is followed by MRI Three possibilities:

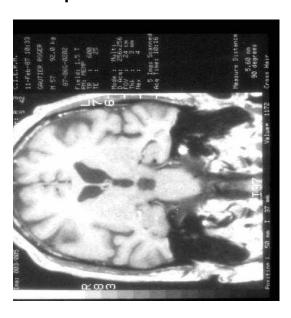
- No growth
- Spontaneous reduction
- The growth is 1 or 2 mm per year treatment is considered : either surgery or radiotherapy?

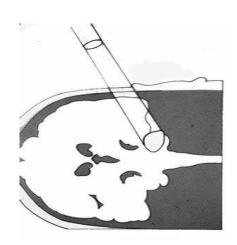
# For small tumors surgical treatment is indicated

- When symptoms arise: as Vertigo, 7 N and 7 bis N disabilities.
- When Hearing is no longer functionnal.
- When the tumor grows rapidly.

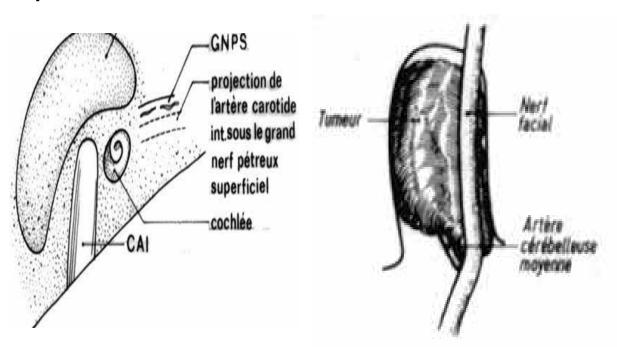
### The approaches are:

1- Middle fossa approach for hearing preservation in intracanalar tumors

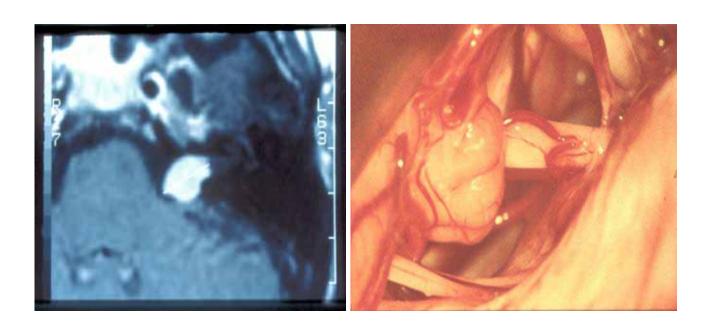


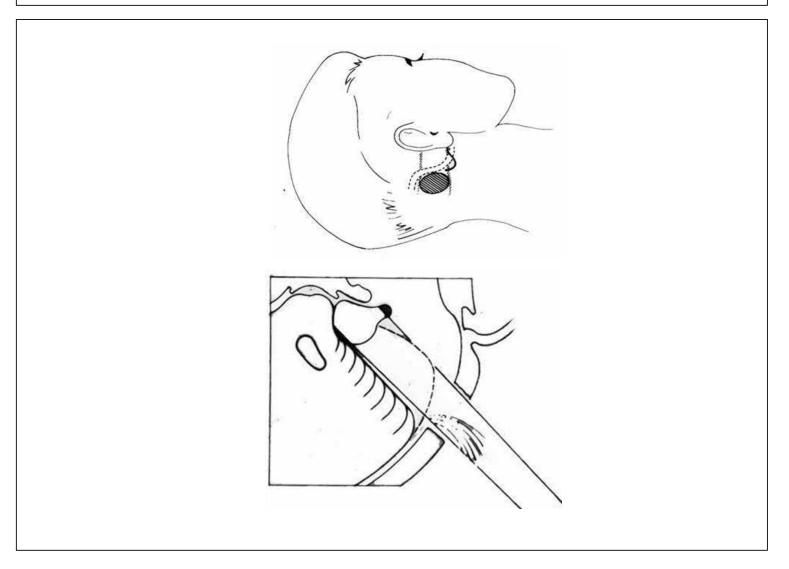


**Example:** A.N operated in 1973 by MFA with hearing preservation.



2- Retrosigmoid approach for hearing preservation of tumors less than 1.5 cm in the CPA.





#### Gamma Knife

Advantage: ambulatory treatment
 The growing stops but the tumor does not completely disappear.
 Generally hearing is preserved
 Facial palsy may occur

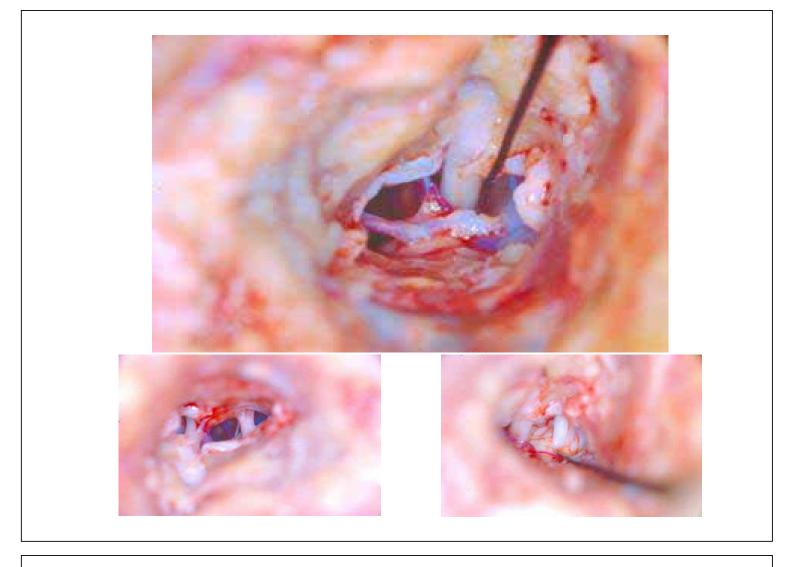
Disadvantages :

regrowth: surgery may be more difficult. Exceptionnal malignant degeneration

# For large tumor Surgery is the unique treatment

We prefere the trans-labyrinthine approach:

- 1- Direct approach through the mastoid
- 2- No retraction of the cerebellum
- 3- Preservation of the facial nerve
- 4- Rapid access in case of post op hemorrage



### The objective of the otosurgeon:

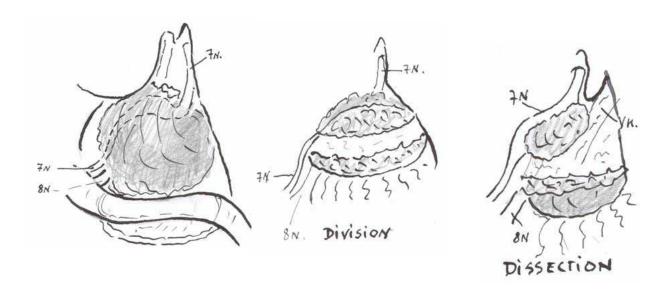


- Total removal of the tumor.
- Preservation of the facial nerve.

### THE TECHNIQUE

- 1) The 7 N is discovered in the <u>meatus</u>, and at the brainstem.
- 2) Removal of the tumor in the meatus
- 3) Debulking inside the tumor
- 4) Dissection of the 7 N from the brainstem
- 5) Division in two parts of the tumor
- 6) Removal of the lateral part
- 7) Removal of the medial part

### THE TECHNIQUE



A.N stade IV, Translab. Approach,
Surgery 4 to 7 hours,
The facial of young patients still grade I or II in
70% of cases.



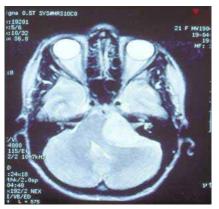






« The acoustic neuroma is never malignant but may grow rapidly; even tripling in diameter in one year for young patients »

LEONARD I.MALIS, N.S



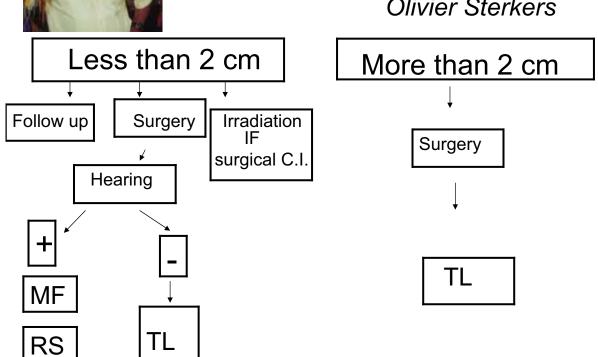






### Strategy of treatment

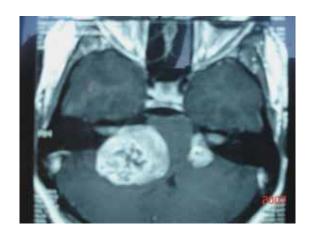
Olivier Sterkers



### For young patients

The NF2 test must be done

- \_ familial history
- dermatology : « tache café au lait »
- ophtalmology: juvenile cataract
- medullar MRI
- DNA analysis for gene mutation (blood sample)



NF2

If total deafness occurs:

The brainstem implant,

Will be placed to restore hearing (O.Sterkers and M.Kalamarides)

### Surgery of the C.P.A.

### By whom?

The Otologist ?: The facial nerve!

The Neurosurgeon?: The brainstem!

A Team? : The best

#### **BEWARE:**

Even in small tumor surgery a severe complication may occur.



During all these years I was assisted by Pascal CORLIEU who organized twelve courses of anatomical dissections in hospital Cochin; University Paris V.



I was very honored to be decorated with the Cross of the Arabian Republic of Egypt for teaching the residents of the college des Hopitaux de Paris:

Pr Mandour, Pr M.Shehata ,Pr Talaat Pr M.Badr El Dine , Dr Hanni.El Garem , and Dr Sherif.Guindi...



Special thanks, to my faithful assistant and friend, Mustapha Smail; to Pr Olivier Sterkers who continues to perfectione the otoneurosurgery and to the President of the Congress M Badr el dine who introduced this surgery

in Alexandria.